Review of the Trust Special Administrator's Report on the Future of South London Healthcare NHS Trust

**Report for** 

London Borough of Lewisham



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## 1 Summary

## 1.1 Context for this report

On 30 October 2012, the Office of the Trust Special Administrator (TSA) for South London Healthcare NHS Trust published its "Draft Report". The report has implications for NHS hospital provision across the whole of south east London, including Lewisham, and the recommendations arising from the draft report conclude that a change in service provision at Lewisham Healthcare NHS Trust is required to contribute to reversing the clinical and financial unsustainability of the three hospitals that make up South London Healthcare NHS Trust.

This is the first time that a Special Administrator has been appointed under the legislation which enacts the Regime for Unsustainable NHS Providers (UPR). This means that this is, as yet, an untested process, and one that might be thought to require adequate input from stakeholders to ensure that the right decisions are being made for the right and justifiable reasons. South London Healthcare has experienced financial problems before and these have been dealt with in a number of ways, without success. It is now recognised that there must be significant change to drive inefficiencies out and to ensure that a sustainable, high quality NHS is available to the patient population across south east London. The TSA, in his introduction to the draft review, highlights the need for a collaborative approach to change:

"Whilst the issues start with the Trust, there is a challenge across the system. This means the solutions cannot come just from within – rather they need to be developed with health and social care partners in the system to ensure long term sustainability. This means change across south east London, as was pointed out by commissioners, NHS London and the Trust itself before this process started". (Matthew Kershaw, October 2012)

The overarching aim of the TSA report is to identify cost saving and clinically viable options for taking south east London's healthcare forward sustainably. Frontline was asked by the London Borough of Lewisham to undertake an independent review of the report from the point of view of the people of Lewisham. It is no part of our remit to comment on the legal scope of the UPR and we do not do so. The purpose of this report, rather, is to analyse the merits of the TSA's approach and proposals.

#### 1.2 Scope of our work

The Council is submitting its own response to the TSA and this review is intended to help inform and shape that response.

The rationale behind this review was to test several elements of the TSA's findings and to understand how the proposed recommendations had been reached. Specifically, Frontline was asked by the London Borough of Lewisham to establish whether:

- the problem had been framed correctly (i.e. had the TSA looked at the right geographical and service areas in developing his report)
- the assumptions used in developing the options are reasonable
- an appropriate range of options has been considered
- the preferred option had been fairly chosen from the range considered
- the preferred option could be delivered

Frontline has considered the TSA report from a number of aspects:

- clinical/service requirements assessing compatibility of the proposals with the five key Department of Health areas for NHS improvement, and considering the implications of the proposals for secondary, primary and community care
- **the option appraisal process** a review of the option appraisal at the heart of the report against best practice
- **financial analysis** reviewing the key assumptions behind the income and costs in the financial modelling
- estates requirements including both the estate which needs to be retained by the NHS to deliver services into the future, and the feasibility of the disposal of surplus estate
- **patient flows/travel times** considering the impact of the options on the population of Lewisham

The consultation period allocated for interested parties to present a response to the TSA is short and therefore the need to gather information and consensus quickly is imperative. Within a period of two weeks, we have engaged with a number of key stakeholders in Lewisham to gauge reaction to the TSA's draft proposals and to better understand the potential impact that change may have on service provision and the effectiveness of care for Lewisham and its residents.

It should be noted that in many areas of the TSA report, the evidence to support the analysis carried out by the TSA and the working groups has not been released. This lack of detail means that it is difficult to make constructive recommendations which would improve the outcomes for Lewisham from the implementation of the report. We have included recommendations where appropriate.

Our approach has concentrated on assessing the impact of the proposals on the population of the London Borough of Lewisham. We have therefore not looked at the changes proposed in the TSA report which will apply outside Lewisham, such as the feasibility of the QIPP plans for South London Healthcare NHS Trust.

# 1.3 Structure of this summary

The following sections contain summaries of our findings under the following headings:

a description of the preferred option in the TSA report

- **framing the issues in south east London** has the TSA report covered an appropriate geographical area and range of services?
- process underlying the TSA report how has the preferred option been reached?
- delivery of the preferred option how feasible is the preferred option?
- **impact of the preferred option on Lewisham** what will the impact be on the local population and institutions in Lewisham?
- recommended steps from here what could be done to mitigate the risks to Lewisham?

We will demonstrate that the option appraisal has been carried out in such a way that the results are not valid, the conclusions drawn from the option appraisal cannot be backed up by clinical or estates data, and that the report should be seen as a starting point for deciding the future of healthcare in south east London, rather than providing an immediately workable solution. Lewisham Healthcare NHS Trust has put forward a local solution for healthcare in Lewisham and Greenwich involving the trust taking on Queen Elizabeth Hospital and working with stakeholders to rationalise services. We conclude that this approach is likely to lead to a better solution for healthcare within Lewisham than the proposals in the TSA report, and we recommend that the London Borough of Lewisham supports Lewisham Healthcare NHS Trust in finding a local solution for Lewisham and Greenwich, as this is more compatible with national policy and more likely to lead to improved healthcare outcomes for the people of Lewisham.

Subsequent sections of the report set out the detailed analysis underlying our findings.

## 1.4 Description of the preferred option

The TSA's preferred option consists of:

- **community-based care**: improvements in primary care and community services, with the aim of implementing challenging demand management schemes and reducing the demand for acute services
- emergency care: provided from four sites for the most critically ill patients
  (King's College Hospital, St. Thomas' Hospital, Queen Elizabeth Hospital
  and Princess Royal University Hospital); urgent care provided at Lewisham
  University Hospital, Guy's Hospital and Queen Mary's Hospital Sidcup;
  specialist emergency services (such as major trauma or stroke) to be
  provided by King's College Hospital or St. Thomas' Hospital, depending on
  the service
- **maternity care**: two options are still under consideration either to centralise maternity care in line with emergency care or to leave a "stand-alone obstetric-led delivery unit" at University Hospital Lewisham
- **elective care**: development of an elective centre for non-complex inpatient procedures at University Hospital Lewisham to serve the whole of south east London; day case procedures to be provided from all seven main hospital sites; complex procedures delivered at King's College

Hospital, Princess Royal University Hospital, Queen Elizabeth Hospital and St. Thomas' Hospital; specialist procedures at Guy's Hospital, King's College Hospital and St. Thomas' Hospital; outpatients to be delivered at "a range of local locations"

#### 1.5 Framing the issues in south east London

#### 1.5.1 Services covered

The proposals draw a boundary around the 'system' in south east London which is very narrowly defined and does not take account of key related services – maternity services, children's services, adult social care services, elective services, mental health services and ambulance services

Removing maternity services from Lewisham would have an impact on capacity elsewhere. Local commissioners are aware that the natural patient flow from Lewisham is toward Kings' College Hospital and St Thomas' Hospital, yet there appears to have been no analysis of the magnitude of any potential impact this may have and the feasibility of increasing capacity at the surrounding maternity units. There are currently 4,000 births per annum at University Hospital Lewisham, and local modelling shows that this could rise to 5,500 births per annum within three years. If King's College Hospital and St. Thomas' Hospital take these births on, this will take them to over 7,000 births per year. It is not clear whether the capacity exists at these two hospitals for these additional births.

Children's services have not been mentioned in the report and so it does not take into account the impact that the loss of a fully-functioning admitting accident and emergency department would have on the paediatric accident and emergency services and on children's services more generally. The TSA report is silent on whether Lewisham would maintain this service. Lewisham is regarded as having one of the best paediatric services in the country (Care Quality Commission assessment). Lewisham has been rated "outstanding" by the Care Quality Commission and OFSTED for its child safeguarding (one of only five local authority areas in England with this rating). The structures and processes that underpin this excellent service have been developed over many years but could be lost overnight by the proposals.

Elective services are largely excluded from the option appraisal – only featuring at the end when the idea of centralising non-complex inpatient work at the Lewisham site is brought in.

Lewisham has a higher than average prevalence of people with mental health conditions. Excluding mental health services from the analysis means that key interactions with physical health services will be missed. This is important as there is a very strong correlation between physical and mental health, and there is a need to consider integration of the services. As an example, good care in cases of post natal depression requires integration of services – but the maternity unit proposals have focused purely on the acute point of delivery rather than the wider pathway

impact and the interaction between hospital midwives, community midwives, health visiting, primary care and mental health services.

Restricting the detailed analysis to the delivery of accident and emergency services and the associated emergency medicine means that the analysis in the report does not consider the inter-relationships of the full health system. There is a risk that implementing the preferred option may have unintended consequences on the parts of the health and social care system which were excluded from the analysis.

## 1.5.2 Geographical scope

The TSA report looks beyond the areas covered by South London Healthcare NHS Trust (Greenwich, Bexley and Bromley) to consider the wider south east London system. Paragraph 12 of the report notes that patients from south east London also flow to other hospitals outside south east London, including to Kent (Darent Valley Hospital), Tooting (St. George's Hospital) and to Croydon (Croydon University Hospital).

No analysis has been carried out of the impact of either widening the geographical scope of the appraisal, or limiting it to South London Healthcare NHS Trust's three sites.

## 1.5.3 Rationale for including Lewisham Healthcare NHS Trust

Lewisham Healthcare NHS Trust is currently making a small surplus and delivering good quality acute and community care to its local population. The TSA justifies including University Hospital Lewisham in the detailed analysis and proposals for south east London on the basis that the trust's current financial position is not sustainable and that by 2015/16 it will be making a £0.6m deficit (based on the TSA's re-working of the trust's financial plans), with a £3m per annum gap to the 1% surplus seen as ensuring the sustainability of the trust. This is in addition to the £74.9m deficit predicted for South London Healthcare NHS Trust.

It can be argued that Lewisham Healthcare, with a turnover of around £240m, is too small to survive in the current NHS. However, local stakeholders do not fully recognise the assumptions used by the TSA to justify this view of Lewisham Healthcare, including commissioner income growth assumptions.

## 1.6 Process underlying the TSA report

## 1.6.1 Option appraisal

The option appraisal used in the TSA report is not compliant with HM Treasury's "Green Book: Appraisal and Evaluation in Central Government" in a number of areas. The Green Book is widely acknowledged as the most authoritative manual on appraisal available to the wider public sector in the UK, and all Department of Health guidance on option appraisal is Green Book compliant.

The effect of the methodology employed for the option appraisal is to make the choice of the preferred option contingent on two factors:

- the assessed similarity between the clinical impacts of the options
- the financial gains from disposing of part of the Lewisham site the other options do not contain the same level of land release

Whether these two factors hold is considered in detail in this review.

## 1.6.2 Local engagement

While some local stakeholders were part of the option appraisal process, as they sat on the various groups convened as part of the process, this engagement process has not extended beyond this (as evidenced by local clinicians' lack of recognition of the assumptions used in the report). In order to ensure the success of changes in south east London, an extensive programme of engagement will be required.

There has been no agreement from clinicians in surrounding trusts that they would operate at the proposed elective centre at University Hospital Lewisham. Without clinical buy-in, the centre will not receive sufficient referrals to ensure its long-term financial sustainability. This has the potential to destabilise the merged Lewisham-Greenwich trust, leading to continuing long-term financial issues in south east London. It is worth noting in this context that King's College Hospital is currently building new operating theatre capacity and St. Thomas' Hospital has recently done so. Therefore these two trusts are unlikely to want to give up elective work to the new elective centre at Lewisham.

## 1.7 Delivery of the preferred option

#### 1.7.1 Demand management

The TSA report requires a reduction in acute activity of 30%. It is expected that this will largely come via demand management in primary and community care, with the aim of reducing emergency presentations. While reducing unnecessary emergency presentations and inpatient stays should be an important element of any changes to south east London, there is concern that the assumptions contained in the case are not deliverable, due to the scale of change required. Currently, much of the community care strategy is aspirational, although the CCGs across south east London are currently working on filling out the details, and there is no evidence from elsewhere that shows that this level of change can be achieved through community-based services alone.

It is worth noting that there are already good examples of demand management occurring in Lewisham. For example, care of the elderly physicians at University Hospital Lewisham actively work with the London Borough of Lewisham and elderly patients who have been admitted as emergencies to ensure early discharge and admission avoidance in the future. This is having an impact, as evidenced by out-of-borough patients having a length of stay which is 2.7 days longer on average than

elderly Lewisham residents. Thus Lewisham would not be starting from a base of no demand management, making the 30% target even harder to achieve.

Inability to achieve the demand management required in the assumptions represents a risk to commissioners – any major shortfall in the plans will put the financial stability of the local CCGs at risk.

# 1.7.2 Assumptions underlying the future need for accident and emergency at University Hospital Lewisham

The TSA report states that 77% of patients who currently attend the accident and emergency department at University Hospital Lewisham could safely be treated in an urgent care centre setting (UCC), and that therefore the change in status of the department at Lewisham would have a relatively small impact on healthcare in the borough. The assumptions that the 77% figure are based on are disputed locally, with points made including:

- the available skill mix at a standalone UCC would not be the same as for the current centre which means that some patients who are not now admitted would require a full emergency department response
- it does not take into account the patients admitted to the Rapid Assessment and Treatment Unit under the care of the emergency department for periods of up to 48 hours or the 1,498 paediatric attendances who require admission to the Short Stay Unit in the children's emergency department
- it assumes that, under the future configuration, paramedics, ambulance technicians and GPs will make the same decisions (about the appropriate pathway for the patient) before they are seen in the emergency department as are currently being made in the department this is flawed because the very reason they are sent to the emergency department is so that the emergency practitioners can make these decisions

#### 1.7.3 Continuity of care

The proposed model of service delivery would mean that patients are passed between providers more frequently than currently:

- in emergency medicine, more serious Lewisham cases would be handled at an emergency department outside the borough, requiring crossboundary work during the discharge phase of their care
- in non-complex elective medicine, the patient will probably receive outpatient care near their home, travelling into Lewisham for the procedure, which will require either cross-organisational communication between consultants, or medics travelling around south east London to deliver continuous care
- depending on the maternity option adopted, Lewisham women may find that they receive their ante and post natal care locally but have to travel

for the delivery, requiring communication between the different parts of the pathway

While cross-organisational or cross-boundary communication is not impossible, experience in health and social care has shown that working across boundaries is harder than working locally. In order to ensure that continuity of care for Lewisham patients does not suffer, the NHS and social services will need to devote considerably more resources to ensuring communication occurs. It is not clear that any allowance for these resources has been made in the analysis.

#### 1.7.4 Patient flows

More complex emergency requirements for Lewisham residents will need to be catered for outside the borough. Where an ambulance is involved, re-routing the patient will not be problematic. However, some emergency patients reach hospital without using an ambulance (for example, where they deteriorate after arriving at the accident and emergency department). These will choose where to present, and based on the patient flow data made available to us, they are likely to choose to go into inner London, e.g. to King's College Hospital, rather than to Queen Elizabeth Hospital at Woolwich.

In order to change the usual patient flow pattern, the CCG, Lewisham Healthcare NHS Trust and the local authority will need to engage widely across the borough, ensuring GPs and the public understand that they should now use the Queen Elizabeth Hospital. This will not be a quick process and experience elsewhere has shown that historic flow patterns are extremely difficult to change.

Similarly, if maternity services are not provided at University Hospital Lewisham, the natural flow will be to King's College Hospital or Guy's and St. Thomas' Hospitals. This will require expansions to the maternity units at those hospitals, and it is not clear that this cost has been included in the analysis.

#### 1.7.5 The elective care model

Concern has been expressed about the use of the South West London Elective Orthopaedic Centre (SWLEOC) in Epsom as a best practice comparator for the proposed elective centre. There are some problems with the suitability of this as a reference site, as it:

- covers only orthopaedic activity
- is much smaller than the proposed Lewisham centre
- is in an area where the demographics and case mix are totally different to south east London
- does not have so many providers in the immediate vicinity as the seven near Lewisham

There are also questions around how Lewisham Healthcare NHS Trust will get sign up from commissioners, providers and clinicians in other boroughs, especially where other providers are expanding, and in context of patient choice and competition.

## 1.7.6 Estates implications

The preferred option requires major changes at the University Hospital Lewisham site:

- withdrawal from the front part of the site with consolidation of the services in the newer buildings at the back of the site (including the PFI unit)
- disposal of the freed-up parts of the site to reduce the fixed running costs of the Lewisham site by approximately 65%
- development of an elective unit capable of handling 44,000 procedures per annum in parts of the Riverside and Ravensbourne Units

Analysis of the feasibility of delivering the estates changes at Lewisham has revealed a number of areas where concerns exist around the deliverability of the plans:

- there are planning restrictions relating to the site which limit the development potential
- the area of the site which is likely to be surplus may be overestimated due to:
  - o a need for pedestrian and vehicle access from the High Street
  - o space requirements for the obstetric service (if it remains on site)
  - o some doubt over whether sufficient space is planned for clinical and non-clinical support services
- the land sale receipts may be lower than forecast because:
  - o the disposal area will be smaller
  - o the planning restrictions will reduce the land values
- the potential savings in fixed costs will be limited by the reduction in the area for disposal
- the timescale for the redevelopment has not been substantiated

#### 1.8 Impact of the TSA's preferred option on Lewisham

#### 1.8.1 Impact on population health

The proposed changes and their impact on Lewisham are difficult to defend as being a response to local needs. There is recognition, locally, that there needs to be some restructuring of services in south east London. However, local patient needs require further consideration. The proposals are not aligned with the Lewisham Joint Strategic Needs Assessment, they are not focused on prioritising local resources so as to maximise the health improvement impact for Lewisham, they focus on single points of delivery rather than whole pathways, and they will lead to fragmentation that is not insurmountable but will require more resources to overcome. The proposals will also dismantle arrangements that have led to good progress, for example around maternity and care of the elderly.

Lewisham has done good work over recent years in integrating care within the borough. This is illustrated by the "Outstanding" score given to the child safeguarding services, which include a dedicated social worker within the accident and emergency department at University Hospital Lewisham. This is leading to gains in well-being for the population of Lewisham which could be lost when the existing networks are changed.

## 1.8.2 Impact on patient and carer travel

The TSA report shows that removing the accident and emergency facility at Lewisham will increase travel time on all modes of transport by more than 50% for Lewisham residents. This increase will impact considerably on patients, carers and visitors.

# 1.8.3 Impact on the CCG, Lewisham Healthcare NHS Trust and the London Borough of Lewisham

The implications of a poor implementation of the proposals will be an increase in the risk of financial instability either for the commissioners or for the providers in Lewisham. This could manifest in the need for more mergers locally within a relatively short time, either between NHS providers or NHS commissioners. Further disruption is likely to impact detrimentally on the health and wellbeing of Lewisham residents.

#### 1.9 Recommended steps from here

#### 1.9.1 Lewisham Healthcare NHS Trust

Lewisham Healthcare NHS Trust has expressed an interest in taking on Queen Elizabeth Hospital. However, the challenges in Lewisham and Greenwich can be better met by allowing a greater degree of freedom to local initiatives to get clinical buy-in to the process and facilitate a greater sense of ownership for the change than the TSA Report proposals allow. The trust recognises that this is not a way of "ducking" the difficult issues – services will need to be rationalised across the two sites within a relatively short period.

## 1.9.2 Clinical planning

The TSA report rightly highlights that change is required in the commissioning and delivery of health and social care services in south east London, in order to deliver better outcomes within a tighter financial envelope. However, to deliver sustainable change, plans need to be developed from the bottom up, with full involvement of all partners locally. Within the context of bringing together Lewisham Healthcare NHS Trust and the Queen Elizabeth Hospital, and in partnership with commissioners, social services and primary and secondary care clinicians, there will be opportunities to better design services around the needs of the local population, so as to reduce demand, improve quality and make efficiencies. Such plans should build on the

strength of existing arrangements, but also include a thorough examination of service reconfiguration options across the Lewisham and Queen Elizabeth sites.

It is recommended that local organisations in Lewisham and Greenwich are given the go-ahead to make the local plans as necessary, without being constrained to the recommendations made in the TSA report. Lewisham and Greenwich CCGs should be provided with a clear financial envelope and asked to provide their commissioning plans as soon as possible.

## 1.9.3 Estates planning

Before any decisions relating to the University Hospital Lewisham site are made, we recommend that a detailed analysis of its estate is carried out, including discussions with the planning authorities in Lewisham, to establish realistic aims for any site changes or disposals.

In terms of capacity planning, we believe it would be prudent to develop a detailed activity model for elective cases across south east London. This, together with robust forecasts for growth, should allow for 'variations' to the proposed elective centre to be developed. These 'variations' should seek to review the potential for preoperative assessment and post-operative outpatient work to be undertaken either in new community hospitals or the hospital closest to where the patient lives. Establishing robust care pathways for elective work should ensure the efficient use of existing facilities and, wherever possible, reduce the impact of significant/unnecessary work flows to the proposed elective centre.

#### 1.10 Conclusions

The TSA report makes a good start at unravelling the long-standing issues in south east London. All of the stakeholders we spoke to agreed that the current situation is unsustainable and that radical change is required. However, issues with the way the analysis was framed and carried out, partly due to the limited time available to the TSA to carry out the work, means that additional work is required to produce plans which will:

- solve the long-standing financial issues in south east London
- ensure all of the population of south east London receive safe, high quality clinical and social care on a sustainable basis
- can be implemented within a reasonable timescale
- do not expose any part of the health and social care sector to unreasonable amounts of risk of failure in the future

Our report sets out a number of areas where additional work is required, and recommends some next steps for the TSA, including allowing Lewisham Healthcare NHS Trust to work up its local solution for healthcare in Lewisham and Greenwich.

# 2 Services, Quality and Improvement

## 2.1 Policy context

In this section we consider some of the key elements of health and social care policy in the UK that are relevant to the TSA report, providing a frame of reference for examining its recommendations.

## 2.1.1 Integrated and personalised care

This government has placed a sustained emphasis on integration as a key priority within health and social care. This is underlined in the recent White Paper Caring for Our Future: Reforming Care and Support which says:

"People often feel 'bounced around' and have to fight the system to have the joined-up health, care and support they need....Fragmented health, housing, care and support are letting people down. A failure to join up also means that taxpayers' money is not used as effectively as possible, and can lead to increased costs for the NHS."

In short, fragmented services lead to poor experience and outcomes and are a poor use of taxpayers' money.

Research by *National Voices* found that a lack of joined up care is the biggest frustration for patients, service users and carers, and they concluded that:

"achieving integrated care would be the biggest contribution that health and social care services could make to improving quality and safety" (National Voices 2011).

Quality and safety are therefore not just about what happens at any particular point of delivery of a health or social care service, but what happens across the whole of the pathway.

Research by the King's Fund underlines the need for integrated services, particularly for older people and those with complex needs:

"The ageing population and increased prevalence of chronic diseases require a strong re-orientation away from the current emphasis on acute care towards prevention, self-care, more consistent standards of primary care, and care that is well co-ordinated and integrated."<sup>2</sup>

"To achieve integrated care, those involved with planning and providing services must impose the user's perspective as the organising principle of service delivery"<sup>3</sup>

<sup>&</sup>lt;sup>1</sup> Department of Health (2012) Caring for our future

 $<sup>^{2}</sup>$  Kings Fund (2012) Integrated care for patients and populations: Improving outcomes by working together

<sup>&</sup>lt;sup>3</sup>Lloyd and Wait 2005; Shaw et al 2011 – in Kings Fund 2012, cited above

The policy direction is therefore away from making decisions about services that are predicated on the needs of the system – but on designing the system around the needs of the individual. Ultimately this is seen as both good for the individual and good for the system.

## 2.1.2 Localised, clinically led commissioning

The DH White Paper Equity and Excellence (2010) set out the intention to devolve decision-making to frontline health professionals and to empower them to commission and deliver services that best meet the needs of patients.

"...we will empower health professionals. Doctors and nurses must to be able to use their professional judgement about what is right for patients. We will support this by giving frontline staff more control. Healthcare will be run from the bottom up, with ownership and decision-making in the hands of professionals and patients."

A key point to note here is the emphasis on bottom up rather than top down solutions – thereby increasing ownership of decision-making by professionals and patients. One of the mechanisms intended to support this aim is the development of GP consortia (now clinical commissioning groups), who should have the local freedom to commission services that best meet the needs of their patients, through redesigning pathways in partnership with secondary care:

"In order to shift decision-making as close as possible to individual patients, the Department will devolve power and responsibility for commissioning services to local consortia of GP practices...GP consortia will need to have sufficient freedoms to use resources in ways that achieve the best and most cost-efficient outcomes for patients....Commissioning by GP consortia will mean that the redesign of patient pathways and local services is always clinically-led and based on more effective dialogue and partnership with hospital specialists. It will bring together responsibility for clinical decisions and for the financial consequences of these decisions." 5

The policy direction is therefore towards more locally focused, clinically-led commissioning of services that is driven from the bottom up rather than the top down.

#### 2.1.3 The QIPP challenge

Meeting the Quality, Innovation, Productivity and Prevention (QIPP) challenge remains central to the government's aspirations for the health service. QIPP is described as:

<sup>&</sup>lt;sup>4</sup> Department of Health (2010) Equity and Excellence: Liberating the NHS

<sup>&</sup>lt;sup>5</sup> Department of Health (2010) Equity and Excellence: Liberating the NHS

"a large scale transformational programme for the NHS, involving all NHS staff, clinicians, patients and the voluntary sector. It will improve the quality of care the NHS delivers while making up to £20billion of efficiency savings by 2014-15, which will be reinvested in frontline care."

There are three important elements to the stated policy aims of QIPP which can be drawn out of this statement:

- it must be based on full and wide involvement of all partners
- it must improve quality of care as well as making savings
- that it must strengthen frontline care

In other words, maintaining the balance between the elements of QIPP is considered to be very important. If the focus sways more towards one of the elements to the detriment of another, the result is an unbalanced approach and solutions that may not fit the aspirations for both quality improvement and financial savings.

In reality, because of the current financial climate in the NHS, the key driver behind QIPP has often become making financial savings through improved productivity. But this should not detract from the underlying principle that the best models of care deliver both high quality and high productivity simultaneously.

It is helpful to think about the quality component of QIPP in terms of three key dimensions as summarised below (originally proposed by Lord Darzi):

Figure 1: Three dimensions of quality



When achieved together, these three dimensions result in a service that we can define as high quality.

Research points to a correlation between QIPP and delivering integrated services, as highlighted by the King's Fund:

"If executed well, moving towards a new model of integrated care will help to create the foundations for sustainable delivery against the quality, innovation, prevention and productivity (QIPP) challenge in the longer term" (King's Fund, 2012)

This is because so much of the QIPP challenge is predicated on taking a wholesystem approach and streamlining pathways across organisations in the system: it is seen as the only way to generate sustainable improvement on the scale required.

## 2.1.4 Priorities for NHS improvement

The government has set out new directions and structures for the NHS. Key themes are that the NHS should improve outcomes and the patient experience. There is emphasis on meeting patient need through improved communication: "No decision about me without me".

The NHS Mandate reiterated the Government's commitment to an NHS that remains "comprehensive and universal.....and that is able to meet patients' needs and expectations now and in the future."

The NHS Mandate is structured around five key areas for improvement (illustrated in the figure below):



Figure 2: The five key areas for NHS improvement in the NHS Mandate

These areas point to some clear duties for commissioners - they must seek to use the funding for local populations to advance these aims:

"Through the mandate, the NHS will be measured for the first time, by how well it achieves the things that really matter to people".

Against this policy background we now explore the local context of health and social care needs and services in Lewisham.

#### 2.2 Local context

This section examines the local context in Lewisham, providing a frame of reference for examining the extent to which the TSA proposals have been developed to meet the health and social care needs of the local population.

## 2.2.1 The health and social care needs of the people of Lewisham

A review of the Joint Strategic Needs Assessment (JSNA) for Lewisham reveals the following key demographic features:

- Lewisham's population of about 270,000 people is relatively young, with one in four residents aged under 19 years; the population aged 60 years and over represents one in seven people in the borough (contrasted with one in five in England overall)
- between 2010 and 2015 the population is expected to grow by 11,000, or
- Lewisham is the 15th most ethnically diverse local authority in England, and two out of every five residents are from a black or ethnic minority background
- live births to Lewisham residents have risen annually in the last few years, and this is expected to continue, though at a slower rate
- Lewisham is the 31st most deprived Local Authority in England, and relative to the rest of the country Lewisham's deprivation is increasing
- common mental illnesses are estimated to afflict 19.8% of Lewisham's population at any one time; this prevalence is higher than London and England with 18.2% and 16.6% respectively

In summary, Lewisham has a relatively young and ethnically diverse population, with higher than average levels of deprivation and prevalence of mental health conditions, and an increasing birth rate. This presents particular challenges in relation to addressing health inequalities, and the pressures on maternity services, services for children and young people, and mental health services.

A brief review of the needs of the people of Lewisham against the five key areas for improvement set out in the NHS Mandate highlights the following:

## Helping people live longer

Lewisham has some very serious challenges in improving premature mortality.

The difference in life expectancy at birth between Lewisham and more affluent London neighbourhoods is stark. On average, a man in Lewisham Central ward lives for 70.8 years. In the Queen's Gate ward, in the borough of Kensington and Chelsea, this figure is 88.3 years, almost 17.5 years more. The national average lies in between these two extremes, with the average male expected to live 78.1 years.

The JSNA provides some very clear evidence on mortality, based on the most recent data:

- during the period 2007-9 premature mortality from cancer in Lewisham was significantly higher than in England as a whole for males and there was no improvement in premature mortality between 2001 and 2009
- for 2007-9 premature mortality from circulatory diseases was 26 per cent higher for males than in England and 38 per cent higher for females: "Cardiovascular disease is the main contributor to the life expectancy gap between Lewisham and England. It makes up a greater proportion of the gap for Lewisham than for other spearhead areas, especially in women"
- mortality from chronic obstructive pulmonary disease (COPD) is higher in Lewisham; COPD is the third leading cause of death in Lewisham and is responsible or significant numbers of emergency admissions
- mortality from heart failure is also higher in Lewisham

Lewisham therefore has significant concerns about premature mortality. In terms of the NHS Mandate, future prioritisation of resources and commissioning of services must be such that it provides a coherent approach towards reducing premature mortality.

# Helping people manage their on-going physical and mental health conditions

The JSNA shows that Lewisham has high levels of longer-term conditions, especially COPD, diabetes and heart failure. These results are particularly striking as Lewisham has a relatively young population and the high prevalence cannot be mainly attributed to the usual cause of population aging. Lewisham also has high levels of childhood obesity which is a marker for risk factors in the future.

The need in Lewisham is for programmes which will give timely help to people who already have long term conditions while strengthening prevention in the future so that the young population of Lewisham does not suffer from continuing high rates of long term illness.

## Helping people recover from episodes of ill health or injury

Many people in Lewisham face the challenge of securing or retaining employment. The recession has increased deep-lying problems of narrowing opportunities in the labour market for lower skills and older skills. It is vital that services should offer rehabilitation in order to promote speedy recovery. For intensive support local access is important.

## Ensuring people experience better care

Like all NHS services those in Lewisham are seeking to be more personal and responsive. Such aims require stability for teams in order to develop strong

relationships with local patient groups. This is extremely critical in an ethnically diverse area such as Lewisham, where 187 active languages are spoken.

It also requires development of new kinds of communication involving remote monitoring and telehealth. Services all over the UK now face a challenge of redesign in order to use new technologies and to deliver more and different service for lower cost.

Commissioners and providers in Lewisham face a challenge of adapting care to meet local needs. Lewisham has already made progress in improving experience as recent reports by the CQC both for the Trust and for joint services show.

## Providing safe care

Lewisham has an excellent record in this domain, both in children's services and in health services for adults. Recent examples are the highly positive OFSTED/CQC report on safeguarding, and University Hospital Lewisham's excellent performance on maintaining low levels of hospital acquired infection.

## 2.2.2 Existing health and social care services and performance

There are good and developing relationships between primary, secondary, and community health services and social services. Lewisham has a range of teams which have shown that they can develop services to meet local needs. In particular, Lewisham has a good record in promoting integrated care. The emphasis has been on joint management between the PCT and local government to deliver programmes. There has been steady progress in key areas. For example OFSTED and the Care Quality Commission recently rated Lewisham's services for safeguarding children as "outstanding." Lewisham has already been a pioneer in joint commissioning.

Lewisham Healthcare NHS Trust has a good track record over the last 5 years of embracing clinical change, and clinicians and managers have developed an improved range of services which are securing strong approval from regulators and attracting choice from patients. There have been significant improvements in maternity services since the combination began of a midwifery-led unit with obstetric cover. Previous assessments of the service had revealed that the experience of mothers giving birth at Lewisham was relatively poor. This has been completely turned around and maternity services are now delivering a good experience and this is reflected both in patient satisfaction surveys and in increasing demand for the service through choice.

Meanwhile, accident and emergency services in Lewisham are performing well, with the department achieving clinical quality indicators and consistently exceeding the 4-hour national standard:

 98.7% of patients seen within 4 hours in 2009/10 (against a standard of 98%) 98.2% in 2010/11 and 96.4% in 2011/12 (against a revised standard of 95%)

If the TSA recommendations are not implemented, the future for health and social care in Lewisham will be based on the real opportunities to develop services further, ensuring close alignment to local need through joint working between health and social care commissioners. As noted above, Department of Health policy stresses the development of integration and of shared budgets. Lewisham already has great experience in these areas and the natural course of development is to build on these strengths for improving services for an inner city population. Lewisham Healthcare NHS Trust is keen to explore the opportunity of forming a joint organisation with the Queen Elizabeth Hospital in Greenwich.

## 2.3 Critique of the TSA proposals for services

## 2.3.1 The TSA report and Lewisham

The TSA report was commissioned to resolve the financial problems of South London Healthcare NHS Trust in a way that would deliver a "clinically and financially sustainable future for the population served by South London Healthcare NHS Trust and the south London strategic change programmes across south east London, none of which have produced sustainable change". The proposed solutions to these problems have taken a different approach from the organisation-specific approach used in the past. Consequently the solutions are system-wide and affect most of the healthcare providers in the region. Lewisham Healthcare NHS Trust, being on the border of the South London Healthcare territory, has several proposals for alteration of clinical services, absorbing some from the South London Healthcare NHS Trust but also losing some clinical services to other providers in the region.

# 2.3.2 Alignment of the TSA proposals with national health and social care policy

## **Integration**

As noted in section 2.1.1, integration in essence means planning and delivering services around the needs of the individual rather than around organisations in the system. The TSA proposals are essentially system-driven and do not align with government policy on integration in a number of ways:

- they focus on organisational structures and performance (top down) rather than on the needs of the population (bottom up)
- they draw a boundary around the 'system' which is very narrowly defined and does not take account key related services – children's services, adult social care services, mental health services and transport being striking examples
- they will lead to the dispersal of patient flows away from Lewisham to a set
  of other hospitals in the vicinity, damaging the strong relationships and
  ways of working on the ground that are essential to delivering continuity of
  care throughout the whole pathway this is particularly pertinent in

relation to older people, patients with long term conditions, and the safeguarding of children and vulnerable adults

## Localised, clinically-led commissioning

The TSA proposals go against the grain of empowering local commissioners to commission pathways rather than imposing top down solutions. The clear policy direction is about bottom-up commissioning based on local need, and for clinicians to be driving this process based on what is best for patients and for the health needs of the local population.

#### **QIPP**

Each of the elements of QIPP is evident within the TSA proposals. For example, from a quality perspective a key element of the rationale for moving to four accident and emergency departments rather than five is the expectation that this will increase the availability of 24-hour-a-day, seven-day-a-week consultant cover. Innovative approaches are mentioned as part of the community-based care strategy that underpins the report, and will be essential if the level of benchmarked efficiency savings is to be achieved. Preventing people from attending hospital based services unnecessarily is a key component of the community-based care strategy. Productivity is the key driver behind the report – with the need to make significant savings at South London Healthcare.

However a balance is not maintained in each of the QIPP elements throughout the TSA option appraisal process, and criteria within each of these elements are not applied consistently.

In relation to the quality dimension, quality of care is listed as criterion A in the option appraisal process, and is said to incorporate clinical effectiveness, patient experience and estate quality. A set of quality criteria is agreed and applied, but there are two fundamental problems with the way these have been applied:

- a very secondary-care-centric view of quality drives the process meaning that the wider implications for the impact of the proposals on the quality of the whole of the pathway are not adequately considered
- when it comes to decision making between the three options, consideration of quality is essentially put to one side: "the Clinical Advisory Group noted that it would be difficult to empirically prove that one hospital in its entirety would have a higher overall quality of care than another. The variation by particular service line or dimension of quality was too high"

Meanwhile, the area of prevention is not adequately developed within the TSA proposals. The solution proposed is about top-down organisational change rather than managing demand from the bottom up. Taking capacity out of the system without having in place the required changes on the demand side could present substantial challenges to remaining services and risks to patients. The report is

predicated on the delivery of reductions in demand through the community-based care strategy, but as yet there is a lack of detail on how the reductions in hospital activity and associated savings will be delivered in practice.

## **Priorities for NHS Improvement**

Three of the five dimensions of NHS Improvement – better management of long-term conditions, better rehabilitation and recovery, and better patient experience – are heavily dependent on having strong patient pathways in place, with excellent multiagency working to deliver seamless care across the pathway. By requiring current arrangements to be re-formed across borough boundaries, the TSA proposals will hinder rather than help the delivery of these objectives. The health and social care partners in Lewisham have invested considerable energy in improving the integration of services. Safeguarding is a good area to probe to see whether this is working well in practice – because it is so dependent on effective multi-agency working. OFSTED/CQC rated Lewisham as outstanding in this area, one of only five areas in the country to achieve the highest rating.

Meanwhile, the 'helping people live longer' improvement domain is absolutely critical for the people of Lewisham, as highlighted by the JSNA. But to address this area of improvement requires starting with the JSNA, then developing programmes and prioritising resources in such a way that will have the most impact in relation to the identified needs. The TSA proposals are in direct contradiction to this policy objective – because they are driven by the need to turn around an organisation rather than turn around the long-term health prospects for the people of Lewisham.

This is explored further in the following section.

## 2.3.3 Alignment of the TSA proposals with the health needs of Lewisham

The starting point for making changes to health and social care services in Lewisham should be "what will be best for the health and wellbeing of the people of Lewisham?" rather than "how can we resolve the problems at South London Healthcare?".

The TSA proposals cannot be justified as a prudent and effective use of the funding and health resources available to Lewisham. As summarised above, the government has set out its aims in relation to the integration of services, the commissioning of services, QIPP and the five improvement areas in the NHS Mandate. In pursuit of short-term financial objectives these aims have been completely ignored. The proposals set out by the TSA are a top-down solution driven by the short-term financial needs of acute trusts. They cannot be justified in terms of a responsible use of resources to meet local needs.

This is apparent when the TSA report is considered in light of some of the key attributes of the Lewisham population:

- it has a high and increasing birth rate and yet the proposals are to remove or downgrade maternity services, without clarity about where and how additional capacity will be put into the system to deal with this
- it has a young population and yet children and young people are not specifically mentioned in the report, even though the proposals have clear implications for them
- it has an ethnically diverse and transient population highlighting the need for extremely strong integration of services, and yet the TSA proposals cut against this
- it has higher than average prevalence of mental health conditions and yet mental health is not covered by the report, even though there is a very strong correlation between physical and mental health, and the need for integration between these services is paramount

Good progress has been made in improving the performance of maternity and accident and emergency services in Lewisham through investment and service redesign. The proposals do not provide any evidence that it is in the best interests of the short, medium, or long-term health prospects of the people of Lewisham to dismantle these arrangements. The direction of government policy is that power is increasingly being given to localised commissioners to prioritise and channel resources to commission services to best meet the needs of their local population. The TSA proposals have therefore been developed in a way that runs in direct contradiction to the government's own policy agenda in this respect.

## 2.3.4 Examining the assumptions on which the TSA proposals are based

## **Emergency and urgent care**

The TSA report assumes that 77% of patients currently seen in the emergency department (ED) could be seen in the urgent care centre (UCC) in future, and therefore that 23% of patients require admission, specialist treatment or referral to a tertiary centre. This assumption is flawed for the following reasons:

- the figure has been generated purely from existing data rather than carrying out predictive modelling based on assumptions about the changed service configuration
- the available skill mix at a standalone UCC would not be the same as for the current centre:
  - o patients are currently seen by an integrated department consisting of emergency nurse practitioners (ENPs), GPs and emergency department (ED) doctors, with ENPs sometimes using ED doctors for advice and decision-making input
  - therefore even if patients are seen by an ENP it may not necessarily be the case that they could be seen by an ENP in a standalone centre
- it does not take into account the approximately 6,036 patients per annum admitted to the Rapid Assessment and Treatment Unit under the care of

- the ED for periods of up to 48 hours or the 1,498 paediatric attendances who require admission to the Short stay Unit in the children's ED
- it assumes that under the future configuration paramedics, ambulance technicians and GPs will make the same decisions about the appropriate pathway for the patient before they are seen in the ED as are currently being made within the ED this is flawed because the very reason they are sent to the ED is so that the ED can make these decisions

The report also assumes that the ED receives on average two 'blue light' ambulance attendances per day currently. The clinical team in the ED challenge this figure, and also points out that it does not take account of the considerable number of patients admitted through other areas of the ED who subsequently deteriorate and require transfer to the resuscitation room. The ED has supplied data showing that a daily average of 10-11 patients are being admitted to the resuscitation room – which is a truer indication of the number that would need to be transferred to a neighbouring ED by blue light.

A broader issue here is that the data, and the interpretation of the data, presented in the TSA report are not recognised by the local clinical team at the ED at Lewisham. This raises questions about the extent to which clinicians working on the ground in the areas that are affected by the TSA proposals have been involved in the review, option generation and option appraisal process. For example, errors in assumptions made in the TSA report which are discussed elsewhere in this review would have been avoided through fully involving clinicians working on the ground throughout the process. The lack of clinical involvement this points to also calls into question the extent to which the proposals have been robustly tested from a clinical safety and outcomes perspective.

## **Maternity services**

The TSA report implicitly assumes that there will be sufficient capacity at surrounding maternity units to handle the births that are dispersed from Lewisham.

Analysis from the JSNA highlights that, based on historical trends, the majority of women are likely to choose Guy's and St Thomas's Hospitals, King's College Hospital, and to a lesser extent the existing South London Healthcare hospitals:

"The majority of births to Lewisham women took place in University Hospital Lewisham (UHL), but there is clear effect of proximity on choice of provider hospital. Women who live in North Lewisham (Brockley, Evelyn, New Cross and Telegraph Hill wards) tended to choose Guy's and St Thomas's Hospitals, and a large proportion of women from Crofton Park, Forest Hill Perry Vale and Sydenham gave birth at King's College Hospital (KCH). A smaller number of women, mostly from South Lewisham (Downham, Bellingham, Grove Park, and Whitefoot wards) and Blackheath gave birth at South London Hospitals."

This is confirmed by those who understand maternity services in Lewisham well, who believe only small numbers of mothers will choose to give birth at Queen Elizabeth Hospital.

The TSA report does not supply evidence around how capacity for births will be increased at surrounding units, and whether it is feasible to do so (see section 2.3.5 below).

## **Elective surgery**

Two key assumptions underpin the proposals regarding an elective care centre:

- that it will be possible to create physical capacity for the centre on the Lewisham site
- that commissioners and providers in other parts of south east London will agree to treat their patients at the centre

The first of these is examined in the estates section of this report. The second is a significant assumption and will require agreements to be made and enacted across south east London. In a context of choice and competition, this seems unlikely, and in the time frame required to build the elective centre other hospitals would be continuing to establish and build on their existing elective capacity. Upon agreement from other partners being reached, and the centre being opened, the result would be less elective capacity being required at other hospital sites. This is in a context where other hospitals are increasing their surgical capacity – for example King's College Hospital is in the process of building new operating theatres, and St Thomas' Hospital has recently done so.

South West London Elective Orthopaedic Centre (SWLEOC) in Epsom is referred to as a best practice comparator for the proposed elective centre. There are some problems with the suitability of this as a reference site as SWLEOC:

- covers only orthopaedic activity, whereas what is being proposed in Lewisham would cover a broader range of elective activity
- is much smaller than the proposed Lewisham centre
- is in an area where the demographics and case mix are totally different to south east London
- does not have so many providers in the immediate vicinity as the seven near Lewisham

Therefore it would be risky to assume, without further evidence, that the proposed elective centre at Lewisham would develop along similar lines or achieve comparable results to SWLEOC.

## Community based care

The TSA report assumes that the Community Based Care Strategy (CBCS) will be delivered and that therefore the anticipated QIPP savings will be realised.

The financial modelling in the TSA report is based on a 30% reduction in secondary care workload resulting from implementation of the CBCS. The evidence from other programmes in the UK is that such shifts have proved very difficult to deliver in practice. The assumptions are based on a number of small-scale pilots and there are questions about whether these can be generalised, and can be extrapolated to the levels contained in the CBCS.

Given that Lewisham Healthcare NHS Trust is now an integrated provider of acute and community services, a large proportion of the change would involve internally moving resources around the trust – with less staff based in hospital and more in the community. The trust has made good progress in this area already on the COPD pathway, but is sceptical about its ability to make changes to reduce admissions of the order of magnitude proposed by the CBCS in other areas. If anything, it is likely that should the TSA proposals be adopted, it would make this more difficult, for two key reasons:

- the fragmentation of pathways in Lewisham as a result of considerably more medical patients being treated out of borough, therefore making it more difficult to work right across the pathway to avoid admission and readmission
- the merger between Lewisham and Queen Elizabeth Hospital would take significant management time and attention, with a major focus on improving the quality and efficiency of hospital-based services at the Queen Elizabeth site, and could potentially take focus away from the required changes in community services

## Integration

Under the TSA option appraisal process, one of the contributing factors to Lewisham being selected for downgrading to an urgent care centre is because it is said to have poorer levels of integration than Princess Royal University Hospital or Queen Elizabeth Hospital (TSA report, Appendix E, paragraph 46).

This assumption is flawed for the following reasons:

- only looking at average non-elective length of stay and delayed discharge does not give a full and rounded assessment of the quality of integration of services in an area – for example in Lewisham other indicators of strong integration have been ignored
- average length of stay in itself, without supporting analysis, is a very poor indicator because it does not reveal the spread or variation in the data which is absolutely critical in understanding the drivers for long length of stay for example in Lewisham the average length of stay is 2.7 days longer for out-of-borough patients
- only looking at non-elective length of stay as a whole does not highlight where the real problems lies – analysis at speciality and HRG level is required and this analysis is not provided in the report

These weaknesses in the assumptions used in the TSA report call into question whether the best solution for service configuration has been arrived at. We now consider the feasibility of implementing the proposals from a service perspective (estates and financial feasibility are covered in other sections of this report).

## 2.3.5 Feasibility of the TSA proposals from a service perspective

Under the 'dispersal model' for maternity services presented in the report, the approximately 4,000 mothers currently giving birth at Lewisham (estimated to rise to 5,500 in the next 2-3 years) would be dispersed to other hospitals.

As noted above, those responsible for commissioning and providing maternity services in the area consider that the largest flows of patients will be to St Thomas' Hospital and King's College Hospital, with other smaller flows to other surrounding hospitals, and this is backed up by historical patterns as summarised in the JSNA.

The TSA report does not provide any supporting analysis regarding the feasibility of this model from a capacity perspective. No modelling or evidence is provided regarding how the demand at other hospitals will be affected by this service change, combined with additional demand pressures on these units anyway as a result of increasing birth rates in some areas. Nor is evidence provided regarding whether it is feasible to increase capacity at the other hospitals to meet this increased demand.

Regarding the elective care centre, there are some key issues that call into question the feasibility of what is being proposed:

- the case mix is not specified and therefore the necessity for on-site supporting services cannot be assessed
- if 80% of the patients are to attend from out-of-area then vehicular access becomes an issue
- there is no agreement from clinicians in surrounding trusts that they would operate at this proposed centre
- a centre on the scale proposed in effect the largest in the UK would need extensive funding and development of new staff teams, and at best it would take years to develop for a service where most of the patients would in fact come from outside the borough

The uncertainty the proposals would generate around the implications for accident and emergency, maternity and elective services would also affect existing services which for the most part are running well and in a position to attract high quality staff teams. They would be seen as having little long-term future and would soon start to lose staff.

Regarding community-based care, much of the strategy is aspirational and there is a lack of detail on how it will be delivered in practice. As noted above, the implementation of the TSA's proposals is largely based on the success of moving

patients into the community, something that has proved difficult in other parts of the country.

In summary, the developments are at high risk of not proving feasible: and with this has to be taken into account the very real losses of existing services.

## 2.4 Implications of the TSA proposals for services in Lewisham

# 2.4.1 Emergency and urgent care services

The loss of a fully-functioning accident and emergency department would have several knock-on effects:

- the loss of an integrated approach to the care of patients with complex needs, particularly older people and those with long-term conditions
- whilst children have not been mentioned in the report the loss of a fullyfunctioning accident and emergency department would seriously impact on the paediatric accident and emergency services
- the local population will have increased journey times to the proposed accident and emergency sites
- Lewisham hospital may struggle to retain some elements of its existing staff base, and is likely to struggle recruit high-calibre staff in some areas

Primary, secondary, community and social care services in Lewisham have developed good arrangements for managing people with complex needs, and have opportunity to develop these further.

For example, an innovative integrated approach to the management of older people with complex needs has been developed. This is proactive, seeking older patients who have been admitted to the hospital and facilitating their early discharge whilst having an active admission avoidance scheme using intermediate beds managed by the care of the elderly physicians. The success of this venture should not be underestimated. Out-of-borough patients discharged from Lewisham Healthcare have on average a 2.7 day longer length of stay in hospital. The numbers of admissions of older patients has only been kept constant by this initiative and loss of this would lead to further pressure on inpatient care within Lewisham. The integrated nature of the venture, crossing primary, community and social care has also been utilised with the management of older patients admitted with fractured neck of femur. The same system has reduced their length of stay by 8 days (from 25 to 17 days). Loss of the team approach, which starts in accident and emergency, would produce additional stresses on Lewisham Healthcare NHS Trust.

Lewisham is regarded as having one of the best paediatric services in the country (Care Quality Commission assessment). Unlike many paediatric departments there are no medical recruitment difficulties. Those who understand the system well doubt that the proposed patient flow to Queen Elizabeth Hospital will occur. The natural axis for patient flow out of borough is to King's College Hospital or Guy's and Thomas's NHS Foundation Trust.

Lewisham has been rated "outstanding" by the Care Quality Commission and OFSTED for its children's safeguarding. The structures and processes that underpin this excellent service have been developed over many years but to a large extent would be undone by the TSA proposals.

## 2.4.2 Maternity services

The proposals for maternity services have a number of implications that are not adequately addressed or mitigated within the TSA report:

- under option one for the maternity unit at Lewisham all approximately 4,000 women (expected to rise to 5,500 in the next 2-3 years) who currently give birth at Lewisham will be dispersed based on historical flows, and in the judgement of those working in the system, it is likely that they will go to St Thomas' Hospital or King's College Hospital, taking those centres up to about the 7,000 mark which will put a major strain on capacity
- there is no evidence either way regarding whether larger centres are good or bad in terms of patient outcomes, and therefore it appears that the proposal to close the Lewisham unit is purely financially driven
- the loss of a centre at Lewisham has implications for continuity of care between antenatal, delivery and postnatal care which could negatively impact on health and social outcomes for the people of Lewisham – this is particularly key for vulnerable women and vulnerable children
- option two proposes an obstetric led 'low-risk birth' unit at Lewisham that appears to be a much stronger option, and we understand has the support of obstetricians at the Trust

## 2.4.3 Elective surgery

As noted above, there are some key questions that are yet to be addressed regarding the feasibility of the proposed elective care centre. However, assuming that these were overcome and the centre went ahead, the main impact would be for patients outside of Lewisham rather than those in Lewisham. Patients from out of borough would in general have further to travel for their operations. This would impact them in terms of convenience and travel costs.

## 2.5 Proposed way forward

The TSA report rightly highlights that change is required in the commissioning and delivery of health and social care services in south east London, in order to deliver better outcomes within a tighter financial envelope. However, to deliver sustainable change, plans need to be developed from the bottom up, with full involvement of all partners locally.

The TSA is right to highlight the potential opportunities presented by a merger between University Hospital Lewisham and Queen Elizabeth Hospital, and this should be explored further. Within this context, and in partnership with commissioners, social services and primary and secondary care clinicians, there will be opportunities better to design services around the needs of the local population, so as to reduce demand, improve quality and make efficiencies. Such plans should build on the strength of existing arrangements, but also include a thorough examination of service reconfiguration options across the Lewisham and Queen Elizabeth sites.

Using the health and social care needs of the population as the starting point for change, building services around user needs rather than organisational requirements, and ensuring the local development of solutions with full involvement of partners, will provide a much more solid platform for sustainable improvement.

#### 2.6 Conclusions

The TSA proposals are not well aligned with the overall direction of government policy, specifically:

- they will lead to greater fragmentation rather than integration of health and social care services
- they have been built from the top down, around the needs of provider organisations, rather than from the bottom up to address the health and social care needs of the population of Lewisham
- they are heavily financially driven and, although quality has supposedly been a key underpinning requirement of the option development and appraisal process, a narrow definition of quality has been applied that fails to take account of whole pathways of care
- the proposals have not been built with the aim of achieving better outcomes for the Lewisham population against the five key areas for improvement in the NHS Mandate, and the indications are that they do not make the best use of resources in Lewisham in the achievement of these objectives

The TSA proposals are not closely aligned with the health needs of the population of Lewisham, for example:

- Lewisham has a comparatively young population and is demonstrating success in its services for children and young people, and yet the TSA report will lead to the dismantling of some of the good joined-up work that has been done
- Lewisham has comparatively high levels of long-term conditions, despite it comparatively young population – and the effective management of such conditions is heavily dependent on effective service integration
- Lewisham has a higher than average prevalence of mental health conditions, and yet mental health is not mentioned in the report – even though there are clear knock-on impacts on the management of mental health conditions

There are a number of weaknesses in the assumptions underpinning the TSA proposals regarding service reconfiguration:

- assumptions around existing activity and case mix in the emergency department at Lewisham and around the potential movements in this activity under the proposed service configuration are not robust
- assumptions around the changes to patient flows that would result from the proposed maternity service reconfiguration and knock-on impact on capacity at other hospitals have not been adequately worked through
- assumptions around the ability to secure agreement of other providers in south east London to channel elective activity through the proposed new elective care centre are weak
- assumptions around deliverability of the quantum of demand reductions and financial savings outlined in the community care strategy are poorly evidenced, and there is a lack of detail around implementation plans and timescales

The key implications of the TSA proposals for the population of Lewisham, should they be taken forward in their current form, are:

- shift of medical admissions out of borough, presenting significant challenges for continuity of care and delivery of effective pathways
- likely increases in length of stay for Lewisham patients
- weakening of the currently excellent paediatric services at Lewisham hospital
- mothers having to travel to another maternity unit to give birth, and the loss of the excellent improvement that has been in the unit at Lewisham
- dismantling of existing strong relationships in relation to safeguarding

The TSA report is right to highlight the need for change, the need to examine reconfiguration options and the need to explore organisational solutions. However, to deliver sustainable improvement in the health and social outcomes for the local population, change should start with the needs of the population and solutions be built by local partners in such a way as to address those needs in the most efficient and effective way.

It is recommended that local organisations in Lewisham and Greenwich are given the go-ahead to make the local plans as necessary, without being constrained to the recommendations made in the TSA report. Lewisham and Greenwich CCGs should be provided with a clear financial envelope and asked to provide their commissioning plans by as soon as possible.

# 3 Review of the Option Appraisal Methodology

#### 3.1 Context

The TSA report is built around an option appraisal which considers five options for the secondary care configuration in south east London. All of the options leave Guy's Hospital as a specialist hospital, King's College Hospital as a 24/7 emergency admitting hospital and Queen Mary's Hospital as a non-24/7 emergency admitting hospital. The five options relate to the number of full 24/7 emergency admitting hospitals which should sit alongside King's College Hospital:

- four hospitals (University Hospital Lewisham, Princess Royal University Hospital, Queen Elizabeth Hospital, St. Thomas' Hospital)
- three hospitals University Hospital Lewisham not a 24/7 admitting hospital
- three hospitals Princess Royal University Hospital not a 24/7 admitting hospital
- three hospitals Queen Elizabeth Hospital not a 24/7 admitting hospital
- three hospitals St. Thomas' Hospital not a 24/7 admitting hospital

# 3.2 Methodology adopted by the TSA

The TSA adopted a two-stage approach:

- establishing hurdle criteria to reduce the initial long list to a manageable short list
- assessing the resulting short-list against a number of evaluation criteria

#### 3.2.1 Hurdle criteria

The TSA report claims that the every possible combination of hospital service configurations on existing sites would lead to 16,384 options. No information is provided on how the figure of over 16,000 options was arrived at and there is some confusion in paragraphs 14 and 15 of Appendix E whether this initial list of options included the creation of new hospital sites. The hurdle criteria adopted were:

- high quality care capable of meeting all applicable standards including patient safety
- **realistic time frame** deliverable within a 3-year timeframe
- affordable to commissioners affordable to health and social care commissioners

No information is given in the report on the way these criteria were defined. The report also notes that the clinical expert group established some "fixed points":

• Guy's Hospital would remain a specialist and elective centre, and not be considered as a possible site for a 24/7 emergency admitting hospital

- King's College Hospital would not be considered for significant service reconfiguration and would remain as a 24/7 emergency admitting hospital – as it is already a major trauma centre within the London trauma network
- Queen Mary's Hospital will not be considered for development as a 24/7 emergency admitting hospital as A&E and associated emergency services had been closed recently under the A Picture of Health programme

## 3.2.2 Evaluation criteria

The short list was assessed against the following criteria, sub-criteria and indicators:

Table 1: Appraisal criteria, sub-criteria and indicators

Criterion	Sub-criteria		Indicators		
Quality of	•	Clinical	•	Standardised mortality rates (in and out	
care		effectiveness		of hours), time to operate for fractured	
				neck of femur, infection rates,	
				readmission rates, conversion rates of	
				A&E attendance to admission	
			•	Consultants on rota (emergency	
				surgery, paediatrics)	
	•	Patient experience	•	Key patient satisfaction scores,	
		and estate quality		complaints, patient safety, medication	
				error rates	
			•	Age and quality of the estates	
Access to	•	Distance and time	•	Impact on population weighted travel	
care		to access services		(blue light travel, off-peak car, peak	
				car, public transport)	
	•	Patient choice	•	Number of sites delivering emergency,	
				obstetrics, elective outpatients,	
				diagnostics	
			•	Number of trusts with major hospital sites	
	•	Access to	•	Delayed transfers of care in vs out of	
		integrated services		borough; length of stay >75s,	
				readmission rates trend	
Value for	•	Capital cost to the	•	Up front capital required to implement	
money		system		acute reconfiguration	
	•	Transition costs	•	Non-recurring costs (excluding capital	
				build and receipts) to implement	
				changes	
	•	Fixed costs &	•	Estimate of fixed cost savings derived	
		operational savings		from cost rationalisation initiatives	
	•	Net present value	•	Overall value to the system	
	•	Provider viability	•	Assessment of the on-going viability of	
Deliver		\A/		the individual sites	
Deliverability	•	Workforce	•	Workforce experience/quality, e.g.	
				turnover, sickness, satisfaction	
	•	Expected time to	•	Scale of change (bed movements)	

Criterion	Sub-criteria	Indicators
	deliver     Co-dependencies     with other     strategies	Assess strategies [sic] impact e.g. cancer, stroke, King's Health Partners merger
Research and education	<ul> <li>Conducive to education</li> <li>Conducive to research</li> </ul>	<ul> <li>GMC national training survey and staff training survey</li> <li>Disruption to education and research spend</li> <li>Qualitative assessment of impact on existing strategies (alignment with GMC training plans)</li> </ul>

The options were not scored against these criteria. Instead, an indication of how they would score against each other was shown on a scale ranging from ++ to --.

## 3.3 Review of the methodology

The option appraisal used in the TSA report is not compliant with HM Treasury's "Green Book: Appraisal and Evaluation in Central Government" in a number of areas. The Green Book is widely acknowledged as the most authoritative manual on appraisal available to the wider public sector in the UK, and all Department of Health guidance on option appraisal complies with the Green Book.

#### 3.3.1 Overall approach

The report states that the option appraisal makes the assumption that recent changes will not be reversed where they have improved healthcare. There are two issues with this assumption:

- incorrect approach to sunk costs
- inconsistent use of the assumption

According to HM Treasury's Green Book:

"Costs of goods and services that have already been incurred and are irrevocable should be ignored in an appraisal. They are 'sunk costs'. What matters are costs about which decisions can still be made. However, this includes the opportunity costs of continuing to tie up resources that have already been paid for."

The option appraisal in the TSA's report used the rule that "solutions that would see the reversal of recent reconfigurations of services that had improved outcomes were [...] ruled out". In our opinion, this is an incorrect approach – where a new solution is potentially better than the recent changes, this should be considered. The cost of making the recent changes is a sunk cost, and should not be part of the decision-making process now.

However, the TSA has not applied this principle consistently in the analysis of the options. Some recent changes, such as Queen Mary's Hospital not having a 24/7 acute emergency admitting service, are seen as untouchable. However, other recent changes which have improved healthcare in south east London do seem to be open to reversal. These include the work that Lewisham has done to integrate its healthcare system, particularly around the care of the elderly/emergency admissions and health and social care for children (resulting in an OFSTED classification of "outstanding").

In addition, at paragraph 24 of Appendix E, having already set up the fixed points and reached a shortlist, the Clinical Advisory Group brought in another option – to develop St. Thomas' Hospital as a 24/7 acute emergency admitting hospital. It seems that this additional option was not assessed against the hurdle criteria or the fixed points, and was simply inserted into the analysis at this point. At an even later stage, as described at paragraph 61 of Appendix E, the option to remove the 24/7 acute admitting emergency service at the Princess Royal University Hospital was removed by the Clinical Advisory Group, on the basis that the Hyper Acute Stroke Unit is based there (again, this is a sunk cost and should not have been treated in this way).

This change to the developed rules for the appraisal introduces inconsistency and removes any rigour from the approach. When the Clinical Advisory Group made recommendations such as these, the initial shortlisting decision should have been revisited in the light of the new information.

The impact of the inconsistent use of the "fixed points" around Guy's Hospital, King's College Hospital and Queen Mary's Hospital while ignoring other beneficial changes is to the limit the range of options which can be considered.

Despite very clear guidance in HM Treasury's Green Book around the need for sensitivity testing in option appraisal, no sensitivity analysis has been carried out on the results from the option appraisal. It is clear that the results depend on two factors:

- the essential similarity of the shortlisted options on the quality of healthcare in south east London
- the beneficial financial impact of reducing the services available on the University Hospital Lewisham site

The TSA report should have considered the impact on the conclusions if these factors do not hold or vary significantly.

## 3.3.2 Scope of the appraisal

The appraisal explicitly excludes the effect of changes on paediatrics, maternity services and mental health, although delivery of acute and community care will impact on their delivery (as described in other sections). It is likely that including the

full scope of healthcare in south east London would have led to alternative options being considered.

Although in theory the option appraisal addresses the whole scope of acute care, it actually only addresses changes to emergency care, with the resulting major changes to elective care (the major elective centre at University Hospital Lewisham) seemingly a by-product of the emergency care changes. It is a fallacy to believe that emergency care and elective care can be considered separately. The recognition that the changes to emergency care must be supported by changes to community care and general practice implicitly recognises this. Therefore, the option appraisal should have been carried out at a system-wide level. It is also worth noting the important point that education and training systems are built around the delivery of both emergency and elective care. The option appraisal steps around changes to education and training by assuming all options are the same for this, but changes to care networks in south east London will impact on education and training, and this should have be considered properly as part of the analysis.

No risk analysis of the options seems to have been carried out. Given the huge impact on the healthcare of the people of south east London that these changes are likely to have, it is vital to understand where the risks are, and to have considered mitigations. This is particularly important given the clinical evidence on the effect of consolidation and of economies of scale on quality of care is scarce (beyond the literature on the number of procedures an individual clinician should carry out to practise safely).

There are a number of costs which seem to be pushed outside the scope of the appraisal and are not counted as part of the cost of the solution. This approach is incorrect – HM Treasury guidance is very clear that an option appraisal should include all the costs of the options, whether they fall on the affected organisations or on other organisations or individuals. Specifically in this case, the option appraisal seems to exclude the following costs:

- passing services on the Queen Mary's Hospital site to Oxleas NHS Foundation Trust
- 23 beds which are assumed to move to Croydon (i.e. out of sector) in this
  case it is not clear what assumptions have been made about both the
  income and costs for these beds

### 3.3.3 Hurdle Criteria

The TSA report is correct that an initial trawl for long list options should be reduced to a manageable shortlist before detailed analysis. However, as the report does not reveal how the theoretical 16,384 variations were arrived at, and does not show how the analysis moves from this initial long list to the shortlist, it is impossible to say whether the hurdle criteria have been applied appropriately and consistently.

#### 3.3.4 Evaluation Criteria

## Scoring and weighting

The report states that the "nature of the exercise...does not lend itself to a precise scorings system". It is not at all clear why this statement is made – it is the nature of benefits scoring and weighting systems that they are subjective, bringing together the views of a wide group of stakeholders, but they allow a real discussion of the relative merits of options. This approach would have been eminently suitable for this option appraisal.

It should be noted that the five benefits criteria and the fifteen sub-criteria are not weighted in the report. However, not applying an overt weighting means that the benefits criteria are implicitly weighted the same (at the sub-criteria level) – this implicit weighting should have been assessed by the evaluation group.

Criterion C, value for money, has been split into 5 sub-criteria:

C1: Capital cost

C2: Transition cost

C3: Fixed cost savings and operational improvement

C4: Net present value

C5: Site viability

Note that the impact of this is to double-weight the financial impact of the options, as C4 includes C1, C2 and C3.

## Quality and patient experience

Paragraph 38 of Appendix E states that the Clinical Advisory Group advised all options should be rated equally for patient experience and estate quality as "each Trust was constantly striving to improve the quality of their estate and enhance patient experience". However, this does not take account of starting points, as sites will have differing abilities to be enhanced (for example, some will have a better building stock base or more available space for development). In addition, trusts which already provide a good patient experience start from a better position, and over the three-year time limit set in the report they are unlikely to be caught by trusts starting from a poorer position. This limitation has the impact of reducing the differences between the options. The analysis of quality also ignores some important measures which could easily be obtained, such as infection rates.

The decision to ignore quality as a differentiator is not applied consistently during the appraisal exercise. Paragraph 34 of Appendix E says "the Clinical Advisory Group advised that data on current indicators would not indicate the quality of care that would be provided in the future." However, paragraph 46 uses the Clinical Advisory Group's view that "Lewisham's non-elective ALOS and rates of delayed discharge were some of the highest among the trusts in south east London" to differentiate between the options on access to integrated services.

The analysis of the impact on patients is very limited. Choice has been reduced to the number of sites available, but it has been established that patients consider such factors as ease of reaching a site by public transport and ability to park at the site as part of their choice decision. These factors could have been evaluated as the information is available.

At paragraph 41 of Appendix E, which considers the distance and time to access services by patients, it was felt that changing University Hospital Lewisham has less impact on patient access than changing the Princess Royal University Hospital and Queen Elizabeth Hospital. We would like to see justification of this, as page 68 of the main document shows that Lewisham patients are quite heavily disadvantaged by the travel time changes.

# Financial analysis

We have been unable to obtain the underlying detailed financial analysis, and therefore we have not been able to assess the reasonableness of the approach adopted to costing the options. For example, the report states that the analysis does not include a terminal value for the sites, but the sites will have value at the end of the analysis and this decision may impact the NPV of the options. In addition, the analysis is reported to have been done over a period of 20 years (possibly to align with the PFI contracts), but it should be noted that HM Treasury's Green Book says that option appraisals should be carried out over 30 or 60 years. Again, changing the length of the analysis is likely to change the results and this should be evaluated through sensitivity testing.

## Timetable for options

At paragraph 57, the report states that "the expected time to deliver the proposed options was not evaluated". Given that time to deliver was a hurdle criterion, some analysis of this must have been carried out, and therefore this should have been included in the appraisal.

#### 3.4 Conclusions

Close analysis of the option appraisal carried out as part of the TSA report reveals a number of deviations from best practice as set out in HM Treasury "The Green Book: Appraisal and Evaluation in Central Government", including:

- a restriction of the scope of the appraisal to emergency care across south
   east London
- incorrect application of the concept of sunk costs
- a lack of audit trail through the process from long list to short list
- a seeming lack of consideration of the implicit weighting of the appraisal criteria
- double-counting of the financial impact of the options
- no use of sensitivity testing or risk analysis

In addition, the option appraisal was not carried out consistently, with options being removed or added to the shortlist throughout the process without proper application of the hurdle criteria or the fixed points set up by the Clinical Advisory Group.

The option appraisal turns on:

- the apparent lack of difference between the clinical impact of the options
- the financial gains from disposing of part of the Lewisham site

Other parts of our report address whether these two key assumptions can be justified.

Despite the criticism of the approach set out above, we feel that the work that was carried out around the option appraisal provides a good introduction to the issues underlying the sustainability of healthcare in south east London. We recommend that the current analysis is used to inform a re-run option appraisal which complies with best practice and addresses the weaknesses highlighted in this report. This could be carried out through two or three workshops which brought together all of the workstreams.

# 4 Financial Assumptions Review

### 4.1 Context

The TSA report is based around an activity and income model for the PCT/CCGs in south east London, and costings for South London Healthcare NHS Trust and Lewisham Healthcare NHS Trust. While the report contains high-level results of the modelling, the TSA has not released the detailed modelling and assumptions. We have therefore been unable to test the reasonableness of many of the assumptions. We have obtained information from Lewisham CCG and Lewisham Healthcare NHS Trust on the data they provided and their views on the use of that data. This section is based on the limited information we have, and therefore conclusions are necessarily limited.

Note that this section does not comment on the assumptions underlying the capital costs, land sales income and sizing of the new elective centre on the Lewisham site, as this is covered in more detail elsewhere in the report.

## 4.2 Commissioners' position

The CCGs provided the TSA with their commissioning plans for the next three years, and this was used as the basis on the modelling. However, the TSA challenged and changed some of the assumptions underlying the local modelling:

- growth assumptions
- tariff deflation
- distance from target
- split of financial challenge between commissioners

The overall impact of the changes to the modelling described below was to increase the QIPP challenge in Lewisham from around £20m over five years to £37.7m, increasing the pressure on the local commissioners and showing the financial position in Lewisham to be more serious than had been expected.

## 4.2.1 Growth assumptions

Growth in future demand for healthcare is made up of two parts – demographic, which depends on changes to the age and deprivation profile of the local population, and non-demographic, which picks up all other changes. These other changes will include trends for increasing presentations at accident and emergency, changes in the way the population presents for healthcare (e.g. being more likely to ask for treatment for a condition), and developments in healthcare technology which increases or reduces the need for healthcare. The non-demographic trend over recent years in the NHS has been upwards, for reasons which have not been fully explained. Commissioners have sought to control this non-demographic trend through such measures as demand management.

Lewisham CCG's view of non-demographic growth over the next three years is around 0.8% per annum. The TSA disputed this figure as being too low, stating that it is lower than rates being experienced elsewhere in the country, and replaced the local non-demographic growth rate with a figure of 2%, said to be an "average" of the national position. No source for this figure has been provided and we have not been able to substantiate this assumption. The information we have found shows that 2% is at the top end of recent experience in London rather than the average.

### 4.2.2 Tariff deflation

The south east London CCGs had used the NHS London advised rate for the tariff deflator of approximately 1.1%. The TSA replaced this with the Monitor assumption of 1.3% per annum to 2013/14 then 0.9% thereafter, which is more aggressive than the London assumption. However, given Monitor is taking on the role of setting the tariff, it seems reasonable to use its assumption rather than a local assumption.

Note that a more aggressive tariff deflator assumption will reduce the QIPP challenge for the commissioners, but increase the savings which providers need to make.

## 4.2.3 Distance from target

Lewisham CCG is 6.6% over target. No information has been provided by the Department of Health on the trajectory for CCGs to return to target, and historically movement towards target for those who are over has been relatively small to avoid disruption to local health services. However, the TSA is of the opinion that CCGs will be required to move more quickly than historically towards target, and nominal allocation growth for Lewisham is limited to 1.7% per annum in the modelling to take account of this. It should be noted that the PCT received an uplift of 3% in 2012/13 and 2% in 2011/12.

It is expected that the NHS Commissioning Board will finalise the future allocation of resources in the near future.

# 4.2.4 Split of financial challenge

The CCG has noted that no allowance has been made for specialist commissioning. Therefore all of the financial challenge has been allocated to the CCGs.

### 4.3 Activity

The TSA model depends on a major activity change – a reduction of 30% in emergency presentations. This is to be supported by improvements in community services and changes in primary care. The ability to deliver these changes is commented on elsewhere in this report. However, it should be noted that this level of change has not been achieved elsewhere in the country and will require a considerable amount of resource to be made available in the community. The CCG is currently working on its plans to deliver this change.

It is not clear that the TSA modelling includes any additional resources for primary care, although implementing the demand management required to reduce emergency activity by 30% will require primary care to take a leading role.

The TSA report excludes all paediatric activity from its analysis. Given the young demographic profile of Lewisham, both commissioners and the trust are assuming growth in this area, linked with the integrated service provided across social services, community and secondary care. This exclusion means that a source of additional income for the trust is ignored by the TSA analysis.

# 4.4 Trust income and costs without implementing the TSA's recommendations

The basis of Lewisham Healthcare NHS Trust's financial information is the foundation trust-format business plan produced by the trust at the end of May. The TSA has largely used this without change, but new sources of income growth have been removed. For example, the trust had assumed that it would be able to grow bariatric service income.

Trust income in 2012/13 is expected to be £236.4m. The main changes expected by the TSA before 2015/16 if the changes in the report are not implemented are an increase £19.6m of demand growth balanced by £11.9m reduction due to demand management, and a tariff deflator of £7.6m. Other small increases lead to an income of £239.5m in 2015/16.

Lewisham Healthcare's costs for 2012/13 are expected to be £236.2m, leading to a small surplus position. Changes due to activity are expected to add £7.5m to costs (note from above that activity is due to add £7.7m to income, so an extremely small margin seems to have been assumed). Inflation (at 3.2% per annum) adds £23.6m, and the trust is assumed to make £30.2m savings over the period. This savings figure is similar to the trust's assumptions. With other small changes, the trust's running costs in 2015/16 are £240.1m leading to a small deficit of £0.6m.

### 4.5 Trust income and costs after implementation of the TSA's recommendations

Appendix K of the TSA report shows the impact of the recommended changes on the net financial position of the hospitals affected. Lewisham Healthcare's net position moves as shown in the table below:

Table 2: Impact of TSA recommendations on Lewisham Healthcare NHS Trust's financial position

Cost area	Impact	Comment
Loss in margin due to	-£18.3m	Net position of reducing acute activity
activity movement		and increasing community activity
Consolidation savings	£3.3m	Due to the larger units for delivering
		services
Avoid cost of new service	£3.0m	Relates to the avoidance of
standards		additional staffing in the emergency

Cost area	Impact	Comment		
		department		
Reduction in fixed costs due	£22.6m	Pro rata to the percentage of the site		
to land disposals		disposed of		
Additional fixed costs due to	-£7.0m	Elective centre works		
new build				
Net change	£3.6m			

The section of this report on the estate impacts of the recommendations covers the changes to fixed costs in more detail.

The £18.3m net reduction in margin covers the impact of reducing emergency activity, adding elective activity and additional community work. Lewisham Healthcare NHS Trust has requested additional information in order to assess the reasonableness of this figure, but this has not been received from the TSA, and this report is unable to comment on the way this figure has been built up.

### 4.6 Conclusions

It is difficult to comment in detail on the assumptions used in the TSA report as little information on the financial modelling has been released. The CCG and Lewisham Healthcare NHS Trust agree that the figures are based on locally-prepared plans, but the TSA has applied a range of more rigorous assumptions, including a much higher assumption about non-demographic growth in activity, and the removal of all new income sources from the trust's plans.

It is reasonable in the context of modelling major service change to challenge local assumptions and ensure the proposed solutions are robust in a "downside" scenario – this is how Monitor approaches its assessments, and it allows organisations to develop mitigations to the downside risks. In this case, only one case has been modelled, and this seems to be a downside scenario from Lewisham's viewpoint. The effect of taking this approach may be to paint a blacker picture for Lewisham than might be expected.

It is clear that the reduction in activity of 30% assumed to follow from demand management across south east London is very challenging, and has not been delivered elsewhere on such a large scale.

## 5 Review of the Estates Proposals for University Hospital Lewisham

### 5.1 Context

The TSA report proposes significant changes to the Lewisham University Hospital site. Fundamentally, the three major implications are:

- a large (58%) reduction in the size of the hospital site: the plan envisages the NHS retrenching to the rear/west of the site, into the new PFI unit and adjacent buildings and the sale of the remainder of the site; the site currently measures 5.8 ha and the TSA plans envisage it reducing to 3.39 ha in the future
- a major refurbishment programme in the PFI block: the existing building is approximately 22,000 sqm and the plan proposes refurbishing 11,687 sqm in the Riverside and Ravensbourne buildings
- significant savings in fixed costs arising from the retrenchment and land sales

## 5.2 Local perspective

The Trust has recently completed a rationalisation of the urgent care centre and adult emergency department which are located off the main High Street entrance. The Head of Planning at Lewisham Borough Council commented that this rationalisation had made significant improvement to the access, signage and layout of the site.

The Trust has had on-going discussions with the local planning authority regarding the potential disposal of the northern corner of the site which houses the Owen Centre, Education Centre and some car parking. However, the local planners had advised that, whilst not opposed in principle to the disposal, it would be sensitive as one of the buildings is listed (Grade II) and the area is in a conservation zone.

Part of the site (the Ladywell Unit) is leased to, and occupied by, the South London and Maudsley NHS Foundation Trust (SLAM) which provides acute mental health services from the premises. SLAM has no plans to vacate or significantly change the services provided from the Ladywell Unit. The area occupied by the Ladywell Unit does not form part of the TSA's proposed land disposal.

## 5.3 Alignment of TSA proposals with local circumstances

The TSA proposals are not consistent with the Trust's plans or the Local Authority's assumptions for the site. Although, the Trust has contemplated releasing a small portion of the site, it had no plans for a major retraction.

From the local authority perspective the hospital is located between the two main towns in the borough (Catford and Lewisham) and is well served by public transport in a densely populated inner London borough. We understand that up to the 1980s the NHS had five hospital sites in the borough. Only the Lewisham Hospital site now remains and the proposal to retrench even further would leave the NHS with no local flexibility to meet changes in service demand in the future.

### 5.4 Challenging assumptions

We have considered the TSA's assumptions as set out in the report in a number of areas:

- town planning
- site configuration
- capacity planning
- site area
- fixed cost calculations
- land sales income
- PFI refurbishment
- timescale

Our conclusions are set out in the following sections.

## 5.4.1 Town Planning

# Area available for disposal

The plan as drawn shows no access to the retained NHS uses on the rear of the site. Access would not be permitted off the side road (Albacore Crescent) and must come off the High Street. This would reduce the land available for disposal. Approximately 25% of the land shown for disposal would be severely restricted in its use – there is a Grade II listed building and conservation area status in parts of the site. The Council also owns the Registry Building which is on the eastern boundary of the site alongside the High Street. Any development would have to retain the frontages of the buildings which have facades onto the High Street.

The council is concerned that disposal of such a large proportion of the site would leave the trust with no contingency space for any future clinical developments.

## Usage of land for disposal

The hospital is a major employer in a deprived borough. Therefore the Council would want to see a mixed 'housing and business use' on the site (to help generate employment) rather than solely residential usage. This would reduce the land value. Retail usage would be completely rejected. The council would expect any housing development to provide up to 50% social housing. This would also affect the disposal value.

## Impact on travel

The council is concerned that the proposed elective surgery centre would generate more car journeys to the site by patients from outlying boroughs. The proposed elective surgery centre could generate an additional 88,000 visits to the site (44,000 patients each having a journey to and from the site). Although this would be offset by some degree by the emergency patients being re-routed away from the hospital the elective patients would also generate visitors. Bearing in mind that the vast majority of elective patients would not come from within the borough, there would be an rise of car journeys to the site. The figure of 88,000 journeys is predicated on the assumption that pre and post-operative outpatient care would remain at the 'sending' trust. If this were not the case, the figure of 88,000 would be an underestimate. The trust would have to submit a green travel plan and prove to the Council that it is able to cater for the additional travel to and from the site.

## **Timing**

The NHS should allow at least two years to work through the planning process including the need for extensive public consultation.

## 5.4.2 Site configuration

As noted above, there is no pedestrian or vehicular access shown to the retained NHS estate in the TSA's plans. Essentially the TSA report shows the NHS retrenching to the western third of the site adjacent to the local park, Ladywell Fields. Although there is a pedestrian access from the park this is the portion of the site furthest from the High Street. This means that the area shown for disposal will have to be bisected by a road for vehicular access to the hospital. This will reduce the area available for disposal and become a constraint on the developers' proposals.

The Trust's estate department has advised us that the TSA's plans do not allow space for several functions which would be required to make the service feasible. We understand that the TSA plans took no account of clinical support services for example pathology, medical records, etc. This means that a larger footprint will be required than is shown in the TSA drawings.

# 5.4.3 Capacity planning

No data has been made available to validate the sizing of the proposed new elective surgery centre on the Lewisham site. We would have expected to have seen the projected activity plan for 2014/15 and its projections for growth through to 2024/25.

The site plan as shown makes no allowance for the retention of the obstetric service.

The theatre requirements, etc. are based on very optimistic, unproven working practices. We understand that a total of 44,000 cases per year will be treated. Assuming the six-day week (12 hour day) predicated in the TSA report this equates to 147 cases per day. If a five-day week is worked (and still allowing for high productivity) the rate would rise to 176 cases per day. This would equate to an

increase in theatre requirements from the 18 set out in the TSA report to 22. The lack of information in the TSA report makes it difficult to assess the realism of these assumptions. However, we have calculated that that to carry out 44,000 inpatient cases in 216 beds (number taken from TSA report), and assuming 85% occupancy (as a more likely figure that the 90% target used in the TSA report) and seven day working (to cover patients who receive their treatment at the end of the working week), the average length of stay is 1.3 days. This seems low bearing in mind that day cases will be carried out elsewhere. We are not aware of any other NHS elective centre which has adopted and maintained the working practices proposed by the TSA. If average length of stay rises to 2.0 days, then the size of the centre would need to increase by approximately 66 beds, which would cost an additional £21.5m in capital to provide and increase the running costs of the elective centre.

In terms of capacity planning, we believe it would be prudent, as a next step, to develop a detailed activity model for elective cases across south east London. This, together with robust forecasts for growth, should allow for 'variations' to the proposed elective centre to be developed. These 'variations' should seek to review the potential for pre-operative assessment and post-operative outpatient work to be undertaken either in new community hospitals or the hospital closest to where the patient lives. Establishing robust care pathways for elective work should ensure the efficient use of existing facilities and, wherever possible, reduce the impact of significant/unnecessary work flows to the proposed elective centre.

### 5.4.4 Fixed cost calculations

It appears from the table on page 43 of the estates appendix that the TSA is attributing £22.6m of revenue savings to the "Lewisham Asset disposal". This figure is can be challenged as set out below.

As noted above the area of the site which will need to be retained is larger than the TSA has assumed and the area available for disposal correspondingly smaller. The precise areas have not been measured but an indicative assessment indicates that 25% of the land currently shown for disposal will need to be retained. This would mean that the area for disposal reduces for 3.39 ha to 2.54 ha (44% of the site rather than 58%). This will impact on the premises costs, PDC/capital charges and depreciation.

We understand, from the trust, that some of the TSA's savings have been predicated upon a pro-rata saving of approximately 65% of costs dependent upon releasing 58% of the land. This is not tenable given that costs in the NHS are largely driven by activity rather than floor area. It is reasonable to assume that some costs, for example heating, lighting and rates will fall proportionate to floor area. However, it appears that the TSA calculations work on land area rather than floor area. The TSA plan envisages losing 58% of the site area. However, the retained areas of the site are largely high rise buildings and therefore represent a larger proportion of floor area. By calculating the savings byreduction by site area pro rata rather than by floor area, this overstates the savings that can be made.

We understand that the TSA's figure for fixed site costs also includes some costs which are not driven by site or floor area, for example, portering, catering, housekeeping, waste and linen. These will not change proportionately when site area is reduced.

### 5.4.5 Land sales income

The TSA report assumes the land can be sold for £5m per hectare. In our view, this figure represents the value of an unencumbered, prime site in Lewisham with a reasonable element of social housing (say 30%) with a fully developable site area and a relatively high density. Therefore, given the restrictions on the site set out in section 6.4.1 above, it is unlikely that the assumed £5m per hectare could be achieved, and it is estimated that a more likely figure in today's market would be £3.3m per hectare.

### 5.4.6 PFI refurbishment

The TSA report is ambiguous in terms of the sizing of the PFI refurbishment. The details of the estates option on page 42 show a total of 11,687 sq m, in the column headed Riverside building, to be refurbished. A check of the arithmetic shows that the total of 11,687 sqm is achieved by adding the figures for the ground, first, second and fourth floors of the Riverside building plus the figures for the first and second floors of the Ravensbourne building.

The TSA report shows a figure of £4,000 per sq m for these refurbishment costs. This is assumed to be an 'all in' cost which includes professional fees (architects, engineers, etc. and VAT).

It is not clear from the TSA report how the building contract within the curtilage of the PFI building will be handled. We have assumed there are two options. Either the NHS can allocate the capital and manage the contract itself via the trust or the NHS can negotiate with the owners of the PFI building for them to design and implement the works to the Truss's specification. In either eventuality the implications are twofold:

- there will need to be a detailed legal agreement to reflect the contractual arrangement
- the revenue consequences of the capital investment need to be reflected in the TSA financial model (the report seems to use a simple percentage of capital costs in the modelling)

### 5.4.7 Timescale

The three-year timescale set out in the TSA report to achieve the estate rationalisation is ambitious for the following reasons:

- as noted above, the town planning process is likely to take two years and potential buyers would want to see a valid planning consent before finalising a deal
- the TSA report does not show any detailed plans for the design, tender, procurement and implementation of the refurbishment of the Riverside and Ravensbourne buildings
- there is a need to develop a business case for any development on the site, and take that through the appropriate approval process
- there is no decant space available on site, and the refurbishment may involve the fit out of decant space before any work on the Riverside and Ravensbourne buildings can start

Bearing in mind that the work will have to be undertaken within an operational hospital, three years is an optimistic timeline for completing such a complex project.

# 5.5 Feasibility / deliverability

For the reasons set out above, we believe there are significant challenges to the feasibility of the TSA report as it stands. These can be summarised as follows:

- the planning restrictions which would be placed on the site mean that the development potential is limited
- the area of the site which is likely to be surplus has been overestimated because of:
  - o the failure to identify pedestrian and vehicle access
  - o the failure to identify accommodation for an obstetric service
  - the apparent failure to provide space for clinical and non-clinical support services
- the land sale receipts may well be lower than forecast because:
  - o the disposal area will be smaller
  - o the planning restrictions will reduce the land values
- we have not seen any activity data to back up the sizing of the proposed elective surgery centre, but it is likely that it will not have sufficient capacity unless very significant shifts in efficiency and working patterns are implemented
- the potential savings in fixed costs will be prejudiced by the reduction in the area for disposal
- the timescale for the redevelopment has not been substantiated

### 5.6 Conclusions

Our analysis has shown that the assumptions used in developing the plans for the University Hospital Lewisham site are either extremely challenging (in terms of ways of working in the elective centre) or incorrect (in relation to the amount of site available for disposal). This undermines considerably the analysis carried out the TSA report, and it is recommended that a detailed health estates planning exercise is carried out before any decisions are made.

### 6 Lewisham Patient Flow Data

We have obtained data from Public Health Lewisham which details patient admissions across the hospitals in south east London. By manipulating this data, we can gain a better understanding of where patients are going for treatment and establish the natural flows that exist in south east London. Data has been broken down into:

- inpatient admissions
- emergency admissions
- elective admissions

### 6.1 Travel times and distances – Lewisham

# 6.1.1 Hospital distances from Lewisham

The table below shows the distance of each of the south east London hospitals from Lewisham.

Table 3: Hospital distance from Lewisham

	Queen Elizabeth Hospital	Bromley Hospital	Queen Mary's Hospital Sidcup		University Hospital Lewisham	King's College Hospital
Lewisham wards (average distance in miles)	5.5	8.1	7.5	6.6	2.1	5.1

Public Health, Lewisham (2004)

All Lewisham ward travel data were combined and an average distance calculated from anywhere in Lewisham to alternative hospitals. As shown, in terms of distance, after University Hospital Lewisham, Kings' College Hospital and Queen Elizabeth Hospital are closest in terms of absolute distance to the population of Lewisham. Looking at available public transport, there is one direct bus service that links Lewisham with Queen Elizabeth. Otherwise getting there by public transport would involve a combination of train, Docklands Light Railway or tube and bus. There is a direct train from Lewisham to Denmark Hill, where King's College Hospital is situated. There is also a direct train to Guys' Hospital at London Bridge from Lewisham.

Much of the relevance of travel times and distances does not relate to patients themselves, but their visitors. Certainly, if patients are incapacitated and would struggle to get to hospital, they would go by ambulance. Due to the demographic make-up of Lewisham, with high representation from elderly, ethnic minority and economically disadvantaged groups, where patients go has a potentially considerable knock-on effect on their families.

## 6.1.2 Accident and emergency travel time changes

The TSA report details the impact that the proposed changes will have on Lewisham residents in terms of their journey time to accident and emergency. This is reproduced below for average journey times.

Table 4: Emergency travel time with and without University Hospital Lewisham accident and emergency department

	Current average (min)	Proposed average (min)	Change (min)	% change
Blue light ambulance	13.2	20.6	7.4	56%
Private transport	19.7	30.7	11.0	56%
Public transport	26.7	40.8	14.1	53%

Regardless of mode of transport, journey times increase by more than 50% for Lewisham residents seeking accident and emergency services. Car ownership in central London in general is low. This is mirrored in Lewisham where approximately 57% of households had access to a car (2001 Census). This varies across the borough with wards in the north (Brockley, Evelyn, New Cross, Lewisham Central and Telegraph Hill) showing lower levels of car ownership than the rest of the borough and so relying much more on public transport.<sup>6</sup> Shifting accident and emergency services away from Lewisham will have a significant impact on current travel patterns and journey times for those living in Lewisham.

### 6.2 Patient flow data

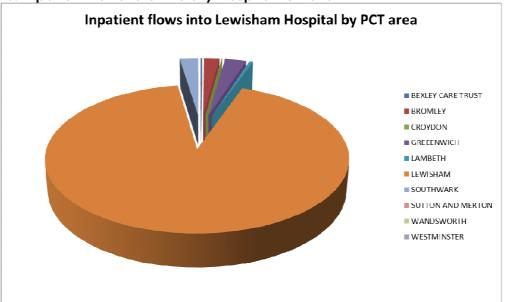
Public Health data from 2011/12 has been used to examine the patient flows for admissions across South London.

# 6.2.1 Inpatients

Inpatient flows into University Hospital Lewisham show that 92% of patients are local to the area. 3% came from Greenwich and 2% from Southwark.

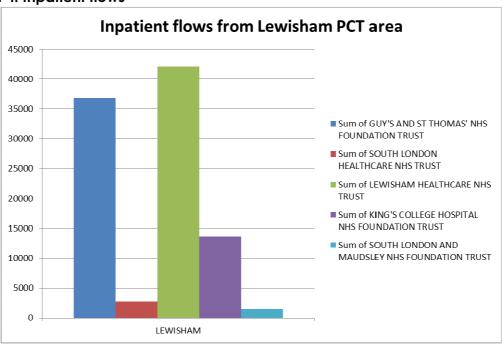
<sup>&</sup>lt;sup>6</sup> London Borough of Lewisham: Local Implementation Plan 2011-2013

Chart 3: Inpatient flows to University Hospital Lewisham



Although 92% of inpatient flows into University Hospital Lewisham are Lewisham residents, the local population also travels to other hospitals, as shown below. The chart shows the top 5 destinations for patients from Lewisham. Guys' and St Thomas' Hospitals accounted for nearly 37,000 inpatient admissions from Lewisham. King's College Hospital received 13,621 Lewisham residents as inpatients and South London Healthcare NHS Trust received 2,784.

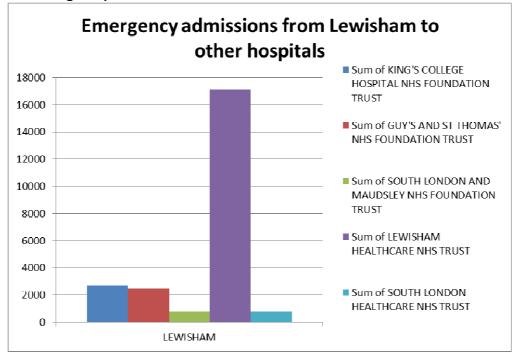
**Chart 4: Inpatient flows** 



### 6.2.2 Emergency admissions

In terms of emergency admissions, almost all admissions into University Hospital Lewisham came from the local residents (17,133 of 18,422) with small inflows from both Greenwich and Southwark. Patient outflows from Lewisham for emergency

care are shown in the chart below. Main outflows go to King's College Hospital and Guy's and St Thomas' Hospitals with only a small portion going to South London Healthcare.



**Chart 5: Emergency admissions** 

### 6.2.3 Elective admissions

Currently, elective admissions to University Hospital Lewisham are predominantly made up of Lewisham residents, with 3% coming from Southwark and Greenwich and 2% from Bromley.

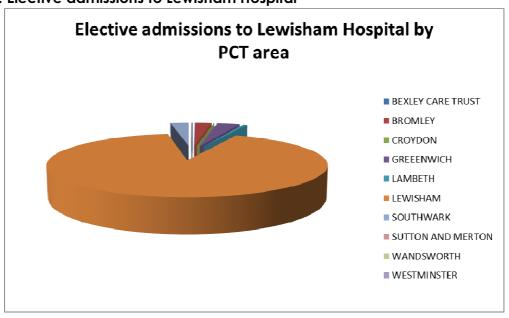


Chart 6: Elective admissions to Lewisham Hospital

Patient outflows from Lewisham for elective procedures are illustrated below. This is the one area where at the moment more patients go elsewhere for hospital care. Guy's and St Thomas' Hospitals see the majority (54%) of Lewisham patients for elective admissions, with University Hospital Lewisham seeing less than half that percentage (25%). King's College Hospital takes 14% of Lewisham residents with just 2% going to South London Healthcare hospitals.

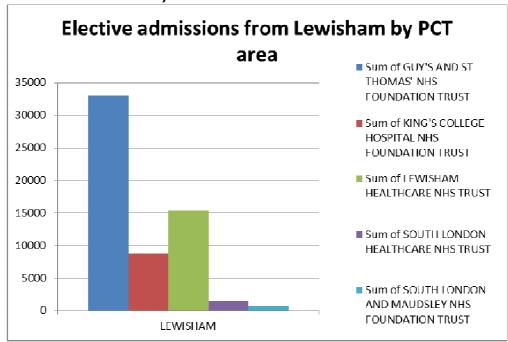


Chart 7: Elective admissions by Lewisham residents

This pattern of patient flows has held over time. Analysis carried out ten years ago by Public Health Lewisham shows the same natural flow which indicates either an unwillingness to flow elsewhere or that going elsewhere is difficult.

Table 5: Inpatient flows, Lewisham, 2000-2002

Grand Total	17	% 11%	2%	5%	4%	2%	1%	58%
	TRUST	HILL)	(DULWICH)	HOSPITAL	NHS TRUST	HOSPITAL	NHS TRUST	LEWISHAM
	THOMAS' NHS	(DENMARK	HOSPITAL	UNIVERSITY	HOSPITAL	MARY'S	AND MAUDSLEY	HOSPITAL
	GUY'S AND ST	HOSPITAL	COLLEGE	ROYAL	ELIZABETH	QUEEN	SOUTH LONDON	UNIVERSITY
		COLLEGE	KING'S	PRINCESS	QUEEN			
		KING'S						

APC FCE data supplied by SSP

## 6.3 Conclusion

There is limited inflow from surrounding areas into Lewisham for hospital services. There is a considerable outflow of Lewisham residents to other hospitals in South London, particularly for elective care. However people tend to travel towards the centre of London – to Guys' Hospital, St Thomas' Hospital and King's College Hospital and not elsewhere. This may cause problems given the underlying assumption that Lewisham residents will divert to services at Queen Elizabeth Hospital.